

LIFEGROUPS

Caring Communities

Summer Trimester 2023



Edited August 2022



CUYAHOGA
VALLEY
CHURCH



5055 EAST WALLINGS ROAD
BROADVIEW HEIGHTS, OH



www.cvconline.org | 440.746.0404

Welcome!

"For where two or three are gathered in my name,
there am I among them."

Matthew 18:20

At CVC, we're passionate about inviting people to new life in Christ.

Like a tree that goes through the progressive stages of rooting, growing, maturing, and multiplying, your desire to live new in Christ will drive you to grow spiritually.

LIFEGROUPS: Your next step to connect at CVC.

To help you along in your journey, we encourage you to participate in a LifeGroup where you can connect and grow with other believers.

Please take a few minutes to read through this booklet which describes the purpose of LifeGroups and also lists our current groups. Feel free to contact any LifeGroup Leader for more information on their group.

Want to be personally connected into a LifeGroup?
Contact our LifeGroup Connector:

Traci Schimpf
440.447.0759
lifegroups@cvconline.org

Community Life Team



Dean Siley
Pastor of Community, Care &
Connections
dsiley@cvconline.org



Dale Piscura
Pastor of Men's Discipleship
dpiscura@cvconline.org



Becca Ferguson
Director of Community Life
Women's Ministry
bferguson@cvconline.org



Traci Schimpf
LifeGroup Connector
lifegroups@cvconline.org

WHAT IS A LIFEGROUP?

LifeGroups are small groups, usually 8-12 people, that gather regularly and intentionally to pursue the fruit of new life.

LifeGroups are the vehicle by which our adults, students, and children actively journey toward greater spiritual growth and authentic Christ-centered relationships.

We passionately believe that every person at CVC should live in authentic community that is rooted in Christ, grounded in God's Word and established in love. We believe that growth happens best when we are in community-- not in isolation-- so that when we face life's problems, we have a group of people around us praying for us, encouraging us, checking in on us, visiting us, and challenging us toward spiritual growth and maturity.

Hebrews 10:24-25; John 13:34-35; Acts 2:22-27; Philippians 2:3-4;
1 Thessalonians 2:8; Colossians 3:16; Matthew 22:37-40; 1 John 3:16-18

WHAT ARE THE DYNAMICS?

LifeGroups are an environment where people relationally experience our church's six Passions, sometimes known as "Values": Living Truth, God Dependence, Caring Community, Linked Generations, Equipped Leadership and Missional Living (see the CVC Vision Guide.) These six passions define the way we relate to one another and carry out our mission. They capture our uniqueness, define how we serve together and help define the personality of CVC. If a LifeGroup is successfully living out our Passions, then when the people in that community think "LifeGroup", they will think: growth, discipleship, community, life on life learning, care, support, hospitality, encouragement, accountability, organic relationships, authentic friendships, a safe and disarming environment, service, Bible, prayer, the power and presence of God.

HOW DO YOU FORM A LIFEGROUP?

Ideally, LifeGroups form organically through natural relationships, but we are aware that oftentimes CVC will need to provide opportunities to develop new relational connections through special meetings or groups. Some LifeGroups will gel and some will not. It's ok if they don't. We will encourage people to stick it out and then try another group until they feel a fit.

WHAT'S THE STRUCTURE?

LifeGroups will have various compositions, primarily based on age, stage of life, geographical location, interests and needs. Most groups will be either an affinity group or a mixed group. We encourage and promote intergenerational groups.

HOW DO YOU CHOOSE LEADERS?

LifeGroup Leaders are individuals who answer the call to be a shepherd, teacher, mentor, leader, caregiver, discipler and facilitator for their LifeGroup. It is an exhilarating honor to step into the role of a shepherd in God's Kingdom. We encourage LifeGroup Leaders to thoughtfully and prayerfully consider this role of leadership, looking to Jesus as their model for learning how to shepherd their group well.

John 10:14-15; Psalm 23:1-3; Mark 6:34-35; Isaiah 41:11; 1 Peter 2:24-25;
Hebrews 13:20-21; 1 Peter 5:1-4

SELECTING LEADERS

Aspiring LifeGroup Leaders step forward and volunteer themselves or they are identified and invited into leadership by a current LifeGroup Leader that is willing to incubate them and then launch them. They can also be identified by church leaders or other members of the church and invited into a group leader training process.

SCHEDULE

LifeGroups meet weekly or bi-weekly on a trimester system (spring, summer and fall semesters ranging from 12-16 weeks long.) Each trimester we desire to have a clear start date (on ramp) and a clear finish date (off ramp). This allows group members the opportunity to enter or exit a new group.

At the beginning of each trimester each group will have the opportunity to gain new members if they have open space. If the group is 12 or larger, the LifeGroup Leaders will be encouraged not to add new members to the group because of the challenges and limitations that larger groups bring. Each LifeGroup Leader is encouraged to pursue training up new leaders to launch new groups if their LifeGroup becomes too large.

LOCATIONS

Homes, church, restaurants, coffee shops, etc. Where they gather is not the emphasis, the spiritual growth that is accomplished when they meet is. Having a consistent location encourages regular group attendance.

MATERIALS

Preferably sermon-based study guide. We believe that syncing the church through a shared study promotes more cohesion, strength and community within the church at large. The study guide is provided online, emailed to leaders, or available at the info center. Ideally it is best to have group members fill out the study guide in advance and then come prepared to share their answers at LifeGroup. We will not exclusively use the sermon-based study guide and are ok with groups selecting their own material. We prefer that any material used by a CVC LifeGroup Leader is approved by the Pastor of Community Life prior to beginning the study.

LIFEGROUPS WITH CHILDREN

With our passion for linked generations, the presence of children for a LifeGroup will occur often, but we also know that the presence of children can create unique needs for the group. We encourage something to engage the kids in learning during LifeGroup, not just seeking out childcare.

Here are several options that families with children can consider:

- Have them as part of the group.
- Adults within the group take turns providing care for children each week onsite.
- Have/hire older teens to care for younger kids onsite.
- Hire someone outside the group to care for them on or offsite.
- Each family is responsible for providing own care for kids offsite.
- In some cases, church provides childcare for LifeGroups meeting on campus.

Prayer Groups

At CVC

"When Jesus had spoken these words, he lifted up his eyes to heaven, and said, 'Father, the hour has come; glorify your Son that the Son may glorify you, since you have given him authority over all flesh, to give eternal life to all whom you have given him. And this is eternal life, that they and Jesus Christ whom you have sent. I glorified you on earth, having accomplished the work that you gave me to do. And now, Father, glorify me in your own presence with the glory that I had with you before the world existed.' -John 17:1-5

Sundays

In the prayer room at CVC

7:00, 8:00, 9:30, 11:15am and 5:30pm



Tuesdays Noon-1:00pm

Denise Petek

In the prayer room at CVC

dpetek@cvconline.org



Wednesdays 1:00-2:00pm

Dale Piscura

In the prayer room at CVC

dpiscura@cvconline.org



Wednesdays 7:00-9:00pm

Sola Oshunniyi

In the prayer room at CVC

soshunniyi@gmail.com



Wednesday 6:00am

Rick Duncan

In the prayer room at CVC

rduncan@cvconline.org



ALL GROUPS OPEN. COME ANY TIME.

Special Interest LifeGroups



ABIGAIL MINISTRIES

Helping women struggling with abusive relationships.

www.abigail-ministries.org



DEALING WITH ADDICTIONS

Gaining courage and support from a Caring Community and others who are committed to God Dependence for a life of recovery.

Don Davies

216.287.6235 | donald.davies@cox.net



GRIEF SHARE

Guiding people through the grieving process from a Christian perspective

Contact www.griefshare.org for more information and locations.

Special Interest Lifegroups



DIVORCECARE

A friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. Don't go through separation or divorce alone.

Wednesdays 7:00-9:00pm

*Resumes Fall 2023

Contact Guy and Natalie Sindelar for more information.
guy.sindelar@gmail.com



MissionFIT FOR WOMEN

Faith Infused Transformations - A great opportunity to stretch and strengthen our bodies before we stretch and strengthen our minds and souls.

Wednesdays at CVC

9:00am: Work Out

10:15am: Prayer

Lene Gray

lenegray1@yahoo.com

Victoria McLean

dancer44ever@gmail.com

Special Interest Lifegroups



MOMTOURAGE

Momtourage is a place of belonging for mothers of infants, toddlers and preschoolers. Come and experience authentic community, safety, freedom and affirmation in your journey of motherhood so you can be sent out to love and serve your families well.

Moms of young children will meet at CVC Broadview Heights for a message given by our monthly speaker followed by discussion and fellowship. Additionally, we will meet throughout the month for play dates and get togethers.

Meeting 9:15-11:15am | 2nd Thursday of each month

Playdate 9:30-11:30am | 4th Thursday of each month

*Resumes Fall 2023

Contact Julie Luczywo for more information.

jewels@cheezer.com

Register at www.momtourage.org



Celebrate Recovery[®]

CELEBRATE RECOVERY

Celebrate Recovery is a biblical, balanced program that is designed to help those who struggle with habits, hurts and hang-ups. Based on the actual words of Jesus, we are shown the loving power of Jesus Christ through the recovery process.

Thursdays 7:00-9:00pm
At CVC

Contact Crystal Tancak for more information.
celebraterecovery.cvc@gmail.com

Special Interest Lifegroups



"Start With the Heart"

Capturing your child's heart and parenting to keep it may be the most important thing you do as a parent. To do this you must care more about the quality of your relationship with them, than the quantity of their behavior. What motivates children to change their behavior is rooted in their heart. Join us for a 9 week study by Kathy Koch. We will explore how to prioritize your children's hearts, so they know you love them and want to listen and understand them. This kind of parenting will allow the Lord's love that thy see through you, to capture their hearts.

Wednesdays 10:00-11:30am at CVC

*Starting 6.7.23

Contact Gail Douglas for more information:
CVC.Marriage.Family@gmail.com

Special Interest Lifegroups



MOMmunity

MOMmunity is about cultivating an authentic community of support, encouragement and challenge as we strive to parent with joy and endurance through the realities of motherhood. Intended for mothers of school aged children, but all moms are welcome.

9:30- 11:15am | 3rd Thursday of each month

LL at CVC

*Resumes Fall 2023

For registration or more information contact:
cvccommunity@gmail.com



CVC Christian Crafters

CVC Christian Crafters are a group of women who pray, fellowship, and learn together. We use our crafting interests and skills to produce useful items for charitable donations. We use our hands to sew, quilt and crochet to make items for several local charities. All ages and skills are welcome.

10:00am | 4th Thursday of each month

LL at CVC

Contact Judy Konopka for more information:
Jkonopka@gmail.com



Single Moms Support Group
Meets 2nd Sundays | 12:30-2PM @ CVC
Childcare and lunch provided.
For registration or more information,
contact: dpetek@cvconline.org

SINGLE MOM SUPPORT GROUP

Second Sundays from 12:30-2:00pm at CVC

*Childcare and lunch provided

Contact Denise Petek for more information:
dpetek@cvconline.org

Special Interest Lifegroups

Women'sStudies

Unique opportunities to connect with other women through large group teaching followed by small group discussion.



WOMENS STUDIES

Becca Ferguson
440.746.0404
bferguson@cvcconline.org

"Philippians"
Living for Christ
By Lydia Brownback

This summer, our Wednesday on campus Women's Groups will be going through a study called Philippians: Living for Christ by Faith by Lydia Brownback. We would love for you to join us this summer! Our time together begins with large group teaching, and then we break out into smaller groups to discuss our passage for the week together.

Wednesdays at CVC | 10:00am-12:00pm | 7:00pm-9:00pm

*Starting 6.7.23

*Childcare provided

Men's Studies

Unique opportunities to connect with other men through large group teaching followed by small group discussion.



MENS STUDIES

Dale Piscura

440.972.2212

dpiscura@cvconline.org

"2 Corinthians"

By Dane Ortlund

In his second letter to the church at Corinth, the apostle Paul defends the authenticity of his authority and teaching, helping his readers see that the gospel is full of seemingly paradoxical truths strength from weakness, life through death, and comfort in affliction.

Highlighting how the gospel confronts our own culture's expectations and drawing implications for all of life, Dane C. Ortlund helps us discover the truth that the gospel humbles the powerful while strengthening the weak.

Tuesdays 6:00-7:30am *Starting 6.6.23

Wednesdays 7:00-9:00pm *Starting 6.7.23

*Childcare provided on Wednesdays

Mixed Groups

MEET AT CVC



Fridays (1st & 3rd weeks) 6:30-8:30pm
Nate and Meagan Green
ngreen@cvconline.org
*Resumes Fall 2023



Sundays 9:30am
John Zaccardelli | 55+ LifeGroup
*Virtual option also available on
Tuesdays at 10:30am
capnzacc@aol.com



Saturdays 7:30-9:30am
Don and Barb Davis
ddavis500@aol.com



Thursdays (every other) 7:00pm
Lifegroup for Young Professionals
Jessica Claughton
jessicalclaughton@gmail.com
*Resumes Fall 2023



Wednesdays (every other) 7:00pm
Dana and Stephanie Daniels
Stephanie.s.daniels@gmail.com
Resumes Fall 2023

Mixed Groups

BROADVIEW HEIGHTS



Wednesdays (1st and 3rd) 7:30-9:00pm
Gregg and Michele Jacobsen
gjacobsen@cvconline.org
*Resumes Fall 2023



Wednesdays 7:00pm
Ernie and Laura Didea
eldidea1@gmail.com
*Resumes Fall 2023

VIRTUAL



Mondays 6:30pm
Dean Siley
dsiley@cvconline.org



Tuesdays 10:30am
Bruce Gorell | 55+ LifeGroup
gorrellbruce@yahoo.com

Mixed Groups

CLEVELAND



Tuesdays (every other) 6:30pm
Ron and Kim Dick
rondick444@gmail.com

INDEPENDENCE



Wednesdays (every other) 7:30pm
Tony and Natalie Clark
tclark59@gmail.com

NORTHFIELD



Mondays (every other) 7:30pm
Matt and Lindsey Howard
lhoward614@gmail.com
*Resumes the Fall 2023

NORTH ROYALTON



Sundays (1st and 3rd) 1:00pm
Brian and Jen Howell
howellersfive@gmail.com
*Resumes the Fall 2023

Mixed Groups

PARMA



Tuesdays (every other) 7-8:30pm
Patrick and Theresa Fucile
fucilepatrick@yahoo.com
*Resumes Fall 2023

VALLEY VIEW



Tuesdays (every other) 7-8:30pm
Matt and Kendra Smith
matthewsmitheau@gmail.com
*Resumes Fall 2023

BRECKSVILLE



Wednesdays 7:30-9:00pm
Gary and Patti Naim
garypatti@roadrunner.com
*Resumes Fall 2023



Sundays (every other) 6 :00pm
Dennis and Jane Baca
Dbcpa1@roadrunner.com

Men's Group



Saturdays 7am at CVC
Guy Sindelar
guy.sindelar@gmail.com

Women's Groups



Mondays 7-9:00pm
Barb Davis
ddavis500@aol.com



Wednesdays 6:30-8:30pm
Kay Yantorn
kay.yantorn@att.net



Wednesdays (2nd and 4th) 6:30-8:30pm at CVC
Linda Guy
Guy16148@gmail.com



Wednesdays (every other) 6:30pm
Raquel Schors
rschors@cvconline.org
*Resumes Fall 2023



Thursdays 7:00-9:00pm (Virtual)
Chris Traver
traver1983@yahoo.com

Young Adults

Ages 18-29

NORTH ROYALTON



Tuesdays 6:30pm :
Hosted by: Csilla Smith
Csilla.e.smith@gmail.com

WALTON HILLS



Wednesdays 6:30pm
Hosted by: Mike & Cathy Fornes
cathyformes@bellsouth.net

BRECKSVILLE



Tuesdays 6:30pm
Hosted by: Sola & Felicia Oshunniyi
Oshunnf@gmail.com

BROADVIEW HEIGHTS



Thursdays 6:30pm
Hosted by: Dietrich/Podolony
ygbsm1955@gmail.com

CVC Youth



Lauren Meyer, Youth Ministry Director
lmeyer@cvconline.org
440.746.0404 ext. 246

MIDDLE SCHOOL | COLLIDE

Grades 6-8

Collide LifeGroups meet Sundays weekly at 11:00am at CVC in Rooms 104/106.

HIGH SCHOOL | IMPACT

Grades 9-12

Group Gatherings: 2nd & 4th Sundays
6:30 – 8:30pm // CVC Lower Level

Impact LifeGroups are hosted Monday – Thursday in Cuyahoga Heights, Valley View, North Royalton Broadview Heights, Brecksville, Nordonia and Northfield.

*Resumes Fall 2023

Follow us at CVCYOUTH.ORG



